



St. Mary's  
Catholic Federation


### Resources to support home learning in PSHE

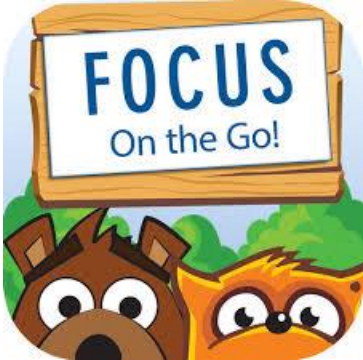


This document is a suggestion of ideas that you may find helpful in supporting your child/ren. It is not exhaustive and is not essential. If you have a resource you've found to be helpful, please inform your class teacher and we can add it to the list.

If you have any questions, please ask us, in person or by email to the school office.

Thank you



	Living in the Wider World	Relationships	Health and Wellbeing
Online	<p>UN Convention Right of a child in child friendly language  <a href="https://sites.unicef.org/rightsite/files/uncrcchilldfriendlylanguage.pdf">https://sites.unicef.org/rightsite/files/uncrcchilldfriendlylanguage.pdf</a></p>  <p><a href="https://www.childnet.com/resources/looking-for-kidsmart-ESafety/Internet%20safety">https://www.childnet.com/resources/looking-for-kidsmart-ESafety/ Internet safety</a></p> <p><a href="https://www.valuesmoneyandme.co.uk/kids/pride-place-Moneyvalues">https://www.valuesmoneyandme.co.uk/kids/pride-place-Money values</a></p>	<p><a href="https://www.bbc.co.uk/bitesize/topics/zfqqtfr">https://www.bbc.co.uk/bitesize/topics/zfqqtfr</a>            BBC Bitesize KS2 Relationship class clips/Videos with different topics including :</p> <ul style="list-style-type: none"> <li>• Differences and similarities</li> <li>• Conflict resolution and mediation class clips</li> <li>• Families</li> <li>• Bullying</li> </ul>	<p>Go Noodle  <a href="https://app.gonoodle.com/">https://app.gonoodle.com/</a>- movement and mindfulness videos created by child development experts.</p> 

<p><b>Apps</b></p>	<p>FOCUS On The Go!, free, Apple and Android- Building resilience through through play</p> <p><a href="https://apps.apple.com/gb/app/focus-on-the-go/id624713445">https://apps.apple.com/gb/app/focus-on-the-go/id624713445</a></p> 		<p><a href="https://apps.apple.com/gb/app/me-a-kids-diary-by-tinybop/id1126531257">https://apps.apple.com/gb/app/me-a-kids-diary-by-tinybop/id1126531257</a>Me: A Kid's Diary by Tinybop - A Storytelling app that encourages chn to write and speak.</p> <p>Sleep Meditations for Kids, free, Apple and Android<a href="https://apps.apple.com/gb/app/sleep-meditations-for-kids/id549414156">https://apps.apple.com/gb/app/sleep-meditations-for-kids/id549414156</a></p> <p><a href="https://www.stopbreathethink.com/kids/">https://www.stopbreathethink.com/kids/</a> Mindful Meditation for kids</p>
<p><b>Other</b></p>	<p>Secondary school transition Y6 BBC Bitesize</p> <p><a href="https://www.bbc.co.uk/bitesize/tags/zh4wy9q/starting-secondary-school/1">https://www.bbc.co.uk/bitesize/tags/zh4wy9q/starting-secondary-school/1</a></p> 	<p>Let's talk about feelings</p> <p><a href="https://primarysite-prod-sorted.s3.amazonaws.com/great-horwood-cofe-combined-school/UploadedDocument/f5c06dcb246e4e04a0b63fc7143a55a8/lets-talk-about-feelings-powerpoint-english-1.pdf">https://primarysite-prod-sorted.s3.amazonaws.com/great-horwood-cofe-combined-school/UploadedDocument/f5c06dcb246e4e04a0b63fc7143a55a8/lets-talk-about-feelings-powerpoint-english-1.pdf</a></p>	<p>Primary league stars PSHE curriculum material form the Premier league featuring Maths, English and wellbeing</p> <p><a href="https://plprimarystars.com/">https://plprimarystars.com/</a></p>  Premier League Primary Stars