



Weekly Newsletter-Monday 15th July

Email: office@stmarysinfchool.org.uk or office@stmarysjunior.org.uk or email the Governors at either school
governors@stmarysinfchool.org.uk or governors@stmarysjunior.org.uk

Executive Headteacher, Mrs S Hulme. Chair of Governors, Mr B Tomkins

Safeguarding Statement: This school takes notice of and adheres to all the national and local policies and guidance in regard to Safeguarding Children and Young People.

Lead Safeguarding Person Junior School: Mrs. G Owens and Nursery & Infant School: Mrs. M Quinn.

Safeguarding Deputy: Mrs. S Hulme Safeguarding Governor: Mr. T Richmond

Dear Parents and Carers,

Firstly, thank you all for contributing to a very successful summer fayre. The day was amazing, raising in the region of £5000. Thank you to the people who worked in the background as well as those who stepped up on the day.

Appreciation is also given to the staff, who prepared the singing presentations as a thank you to the children's families who have helped during the school year. It is always a treat to hear the children singing.

We are busy preparing for the end of term and for September; transition work is well under way.

We are really pleased to inform you that Mrs Lynch will continue for a while longer at St. Marys, even though we did announce her departure in the last newsletter- we appreciate her altering her plans for the school.

You will be receiving one more newsletter this term and this will be sent next Monday 22nd July.

Spirituality

Sunday 14th July - 15th Sunday in Ordinary Time

Morning reflection is issued every week by our Chaplain and is available on the school's website:

<https://www.smcs.org.uk/spirituality.php>

The Faith in Action awards ceremony was held on Monday evening. There were 23 participants, including pupils from Y6 as well as past pupils from Y7 and Y9 received their certificates of achievement and badges from Bishop Paul Hendricks. It was lovely to see these young people living out their faith with such joy and commitment and to have an opportunity to recognise and celebrate their many efforts this year. Well done to them all.

 Table Talk Topic for this week - Which is heavier, a dream or a song? Just a reminder, that we have a Prayer intention Book in the Reception area of each school. Please feel free to write your intentions in as you wish. Thank you to those who have added to it. Please take the time to read it when visiting the school.

News for the week

School Kitchen Garden

We were very excited as a group of children started to crop the food grown in the small kitchen garden at the juniors. Home-grown radishes were added to the salad bar at lunchtime last week. We do not have large areas but it gives the children the experience an idea of growing food even on a patio. Maybe you could try this at home. Gardening is one of the best remedies for poor mental health and stress. Give it a go!

Chicken Pox Outbreak in Infants

Please be aware there are currently a few children off with Chicken Pox in the Infant school. Please check your children for signs of itching/spots and if suspected please could you get your GP to check your child.

NHS sets out 'care for young carers' offer in GP surgeries

It is estimated that up to one in five secondary school pupils provides some level of care for a parent or sibling. Many of these are 'hidden' carers who do not disclose their family circumstances and responsibilities to teachers, friends, GPs and other health care professionals.

Research from Barnardo's and Carers Trust has highlighted a host of challenges young people face in juggling their caring role with their education and own health, with up to 40% experiencing mental health problems.

GPs across the country can now volunteer to offer a new package of services for children and young adults who perform an informal caring role for a family member.

Practices in England have been invited to adopt specific measures to support young carers including:

- Create an up to date carers register and routinely offer all carers a flu vaccination, regular health check and anxiety and mental health screening;
- Setting up an alert system to notify all GPs when a carer registers as a patient, to ensure their needs are identified and met by the whole surgery;
- 'Double appointments' – carers being offered an appointment themselves to get physical and mental health checks when they come to the surgery with their cared for relative;
- Hosting carer support groups and carer clinics in GP surgeries, so young people can get practical carer and health advice at the same time, with other carers;
- 'Carer awareness' training will be included in every surgery staff induction;
- Practices setting up systems to track patterns of appointments in young people coming to the surgery with an adult, to proactively try to identify young carers and put support in place.

You can read more here: <https://www.england.nhs.uk/2019/06/nhs-sets-out-care-for-young-carers-offer-in-gp-surgeries/>



Stars of the Week - Week ending 12th July 2019

**Elephant Class - Charlotte W, Penguin Class - Beatrice N, Bee Class - Bhadra P
Reindeer Class - Keeva E, Cheetah Class - Grace M, Giraffe Class - Elliot C,
Meerkat Class - Jakub K, Horse Class - Leo W, Owl Class - Emilie W**

Well done to all of the Stars of the week!