



## Women's Tennis (for ladies on low income)

**12.15-1.15pm Fridays - followed by coffee or drinks in the clubhouse**

Completely FREE sessions running for most of the year, these sessions are primarily for ladies on low income from the local area who have never played tennis or are fairly new to it.

The session is run by coach, Karl Stowell and will consist of a little bit of coaching, lots of playing and moving around. The focus will be social and enjoyment.

That is all there is to it! Fill in the form below and we'll get back to you with more details. There is no committment so nothing to lose by giving it a try.