



**Parent/carer Coffee Information Sessions
For Sutton Families
2024**



Would you like to meet with other parents/carers in a cosy, non-judgemental and welcoming environment?

Would you like to find out about services that are available in the London Borough of Sutton that may benefit you and your family?

Would you like to give your opinion about what you feel is needed in your local area?

Maybe you just want some advice on a matter and you don't know where to turn.

Do you require any parenting advice?

If your answer is 'yes' to any of the questions above, we are facilitating parent/carer coffee/information sessions in your local area.

The very least you will get from attending our coffee/information sessions, is a genuine and sincere warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

We can organise guest speakers who can offer you advice on a range of issues and we can signpost you to relevant services if required subject to your needs.

Parenting can be so rewarding. However, at times it can also bring its challenges and worries and this can make you feel isolated.

You don't need to make an appointment. Just turn up.

If you would like to find out more about the sessions, please contact

Clare Kennedy Parenting Administrator via her email: clare.kennedy@sutton.gov.uk



Parent Coffee/Information Sessions

Daytime Sessions 9.30am – 11.30am

- 1. Friday 12th January Tweeddale Children's Centre**
- 2. Tuesday 16th January Phoenix Centre**
- 3. Friday 19th January Sutton Library Family Hub**
- 4. Friday 26th January Tweeddale Children's Centre**
- 5. Tuesday 30th January Phoenix Centre**
- 6. Friday 2nd February Sutton Library Family Hub.**
- 7. Friday 9th February Tweeddale Children's Centre**
- 8. Tuesday 20th February Phoenix Centre**
- 9. Friday 23rd February Sutton Library Family Hub**
- 10. Friday 1st March Tweeddale Children's Centre**
- 11. Tuesday 5th March Phoenix Centre**
- 12. Friday 8th March Sutton Library Family Hub**
- 13. Friday 15th March Tweeddale Children's Centre**
- 14. Tuesday 19th March Phoenix Centre**
- 15. Friday 22nd March Sutton Library Family Hub**
- 16. Tuesday 16th April Phoenix Centre**
- 17. Friday 19th April Tweeddale Children's Centre**
- 18. Friday 26th April Sutton Library Family Hub**
- 19. Tuesday 30th April Phoenix Centre**
- 20. Friday 3rd May Tweeddale Children's Centre**

21. Friday 10th May Sutton Library Family Hub
22. Tuesday 14th May Phoenix Centre
23. Friday 17th May Tweeddale Children's Centre
24. Friday 24th May Sutton Library Family Hub
25. Tuesday 4th June Phoenix Centre
26. Friday 7th June Tweeddale Children's Centre
27. Tuesday 18th June Phoenix Centre
28. Friday 21st June Tweeddale Children's Centre
29. Friday 28th June Sutton Library Family Hub
30. Tuesday 2nd July Phoenix Centre
31. Friday 5th July Tweeddale Children's Centre
32. Friday 12th July Sutton Library Family Hub
33. Tuesday 16th July Phoenix Centre
34. Friday 19th July Tweeddale Children's Centre
35. Tuesday 10th September Phoenix Centre
36. Friday 13th September Tweeddale Children's Centre
37. Friday 20th September Sutton Library Family Hub
38. Tuesday 24th September Phoenix Centre
39. Friday 27th September Tweeddale Children's Centre
40. Friday 4th October Sutton Library Family Hub
41. Tuesday 8th October Phoenix Centre
42. Friday 11th October Tweeddale Children's Centre
43. Friday 18th October Sutton Library Family Hub
44. Tuesday 22nd October Phoenix Centre
45. Friday 25th October Tweeddale Children's Centre

- 46. Tuesday 5th November Phoenix Centre**
- 47. Friday 8th November Sutton Library Family Hub**
- 48. Friday 15th November Tweeddale Children's Centre**
- 49. Tuesday 19th November Phoenix Centre**
- 50. Friday 22nd November Sutton Library Family Hub**
- 51. Friday 29th Tweeddale Children's Centre**
- 52. Tuesday 3rd December Phoenix Centre**
- 53. Friday 6th December Sutton Library Family Hub**
- 54. Friday 13th December Tweeddale Children's Centre**

Parent Coffee/Information Sessions

Evening Group 6pm-8pm

Venue: The Quad. Green Wrythe Lane, Carshalton SM5 1JW

- 1. The Quad Monday 22nd January**
- 2. The Quad Monday 19th February**
- 3. The Quad Monday 11th March**
- 4. The Quad Monday 22nd April**
- 5. The Quad Monday 20th May**
- 6. The Quad Monday 10th June**
- 7. The Quad Monday 8th July**
- 8. The Quad Monday 16th September**
- 9. The Quad Monday 14th October**
- 10. The Quad Monday 11th November**
- 11. The Quad Monday 14th December**

Chill, Chat and Connect Men's Group



Aimed at fathers, stepfathers, foster dads, grandfathers and other significant male carers.

Fathers/male carers matter and they have a huge and significant impact on the lives of their children.

These monthly sessions are a chance for men to meet together to chill, chat and connect. It's a chance to share experiences and the challenges/positives of family life.

This is a safe, supportive, relaxed and non-judgemental space.

This group is led by male parent volunteers who are fathers themselves, with support of the parenting coordinator, Theresa Cameron.

Support and advice is available as required.

Light refreshments available.

Where:

The Quad, Green Wrythe Lane, Carshalton SM5 1JW

Group dates and times: 6pm - 8pm

Monday 8th January 2024

Monday 5th February 2024

Monday 4th March 2024

Monday 15th April 2024

Monday 13th May 2024

Monday 3rd June 2024

Monday 1st July 2024

Monday 9th September 2024

Monday 7th October 2024

Monday 4th November 2024

Monday 2nd December 2024

Useful Information

Addresses of Venues:

Sutton Library Family Hub, Sutton Central Library, St Nicholas Way, Sutton SM1 1EA

Tweeddale Children's Centre, Tweeddale Road, Carshalton SM5 1SW

Wallington Family Hub. The Phoenix Centre, Mollison Drive Wallington SM6 9NZ

Family Hub Connectors Contact Details:

Maya Nielsen Family Hub Connector for Central Sutton. Mob: 07821 637 721

Sharon Hackett Family Hub Connector for Carshalton. Mob: 07783 656 916

Natasha Barratt-Walters Family Hub Connector for Wallington. Mob: 07720 167 409

Sonia Gooden Family Hub Connector for Cheam and South Sutton. Mob: 07729 080069

Parenting Service Contact Details:

Theresa Cameron Parenting Coordinator: Mob 07736 33 8924

Clare Kennedy Parenting Administrator: Working hours: Monday-Tuesday 9-5pm, Wednesday 9am.1pm.

Telephone:020 8770 5801. Mobile: 07873 702 777

Keeley Carter. Parenting Support Worker: Mob: 07761875887